

REDMOUNT RESIDENTIAL HOME

Buckfastleigh

DEVON



April 2015

Dear Friends,

Welcome to Redmount Residential Home and the first in a long line of regular Newsletters....

Redmount, a sanctuary for older people to relax and enjoy life amidst the peaceful and timeless setting of traditional Devonshire life.

Here at Redmount we pride ourselves on providing exceptional standards of individually tailored packages of care for all our Residents ensuring that not only do people enjoy a safe and supportive environment but also a continuation of their preferred lifestyles and quality of life.

We aim to create opportunities for everybody, regardless of any limitations placed upon them. Living and enjoying life does not need to cease because of a move into a care home. Quite the contrary! A new chapter has just begun and we are privileged to be a part of it. Whether it be the simple things, the finer things or the more exhilarating and adventurous things we can support and arrange something for everyone. New skills? New friends? New interests? – A new you!

Our team of professional Care Supervisors, Carers and Ancillary staff have been individually and carefully selected to provide our expected standards of care and facilitate a warm and friendly home from home environment for the people living with us.

A team of people who genuinely care, our staff are not 'just' employees they are a complement of kind, dedicated, professional and unique individuals who all strive to make a difference to the lives of people every day.

We are joined and supported by our local family Doctors, District Nurses and other Healthcare Professionals to complete our person centred approach in modern day Health and Social care delivery and compliance.

We look forward to welcoming you to our family.

Fay
Home Manager

Current Vacancies:-

Generally speaking our recruitment drive and action plan here at Redmount is complete. Over the last 6 months we have seen a development and build of extraordinary people come together to form the team we have here at Redmount today. A team, that we know most will agree are some of the best at what they do and a group of the kindest and caring people that can be found in the care industry today. We are very proud to be part of this team and will value them as the professionals and individuals that they are.

We are so pleased to be able to say that now [finally!] we have a file of applications from people waiting to join the team here at Redmount but at this time are unable to offer them set posts. We will keep in regular contact with the people we believe to be the right candidates for Redmount so that recruitment can maintain a steady system as required. However, we hope not to have to recruit too often in the interest of continuity! This said, we are always looking to add to this file and if you know of anyone interested in joining our team at a later date please ask them to email fay@yourhealthgroup.co.uk for more information. We will post vacancies as they arise in our newsletters and on our website www.yourhealthgroup.co.uk.

Training and Development

Training has been intensive at Redmount over the last 6 months and will continue for the foreseeable future. We have recently completed training in Safe Moving and Handling practice, Safe Handling of Medicines, Safeguarding and the Mental Capacity Act, Deprivation of Liberty Safeguards, Fire Awareness, Dementia, Infection Control and all of our Catering staff have completed their Level 2 in Food Hygiene, some of which are now going onto complete their Hospitality and Catering and training in Malnutrition and specialist diets for the elderly.

We are also training staff to become Dementia, End of Life Care and Dignity Champions and will let you all know when this is complete.

Lifestyles

We are excited to announce the appointment of our new Lifestyle co-ordinator, Suzie Williamson. Suzie will be here this week to complete her personnel work and we aim to have her start the first week of June.

Suzie has extensive experience working with the elderly and currently hosts many clubs, coffee mornings and classes for the elderly around the Ashburton/Totnes area.

Suzie's first task will be to introduce herself to everyone and find out the ways in which people prefer to move forward with the things most important to them in their life and develop ways in which we can support people to do this. As well as

maintaining the monthly schedule of events and hosting regular residents committees.

Facilities

The hairdressing salon is now running at full performance with a re vamp in the plans coming soon.

A price list and list of services has been displayed in the hair salon should people fancy a change at any time!

This facility is currently being used only by existing residents but we plan to incorporate it into our day care services once it has been developed.

Respite Care

We are pleased to be able to offer Respite Care bookings to the community and people coming to the area for short breaks. Respite can be arranged for as little one night to 12 weeks or as specifically required. All Respite packages include 24 hour care, personalised meals, access to medical services, Lifestyle assistance, full utilities, laundry and housekeeping service and optional Hairdressing, Chiropody, optical and any other therapies can be arranged to suit individual needs. This is a popular service especially during the summer months so we recommend people book in advance. Respite care can be booked by calling 01364 642403 or emailing fay@yourhealthgroup.co.uk.

Guests

At Redmount we understand that there are times in which loved ones will seek additional comfort in staying with their family or friend overnight. For such occasions we can offer guests a comfortable warm room with tea and coffee making facilities and a private washroom to assist them during their stay.

Day Care

We are currently in the process of developing our new day care facility and remain very excited about announcing the launch date of this.

In the meantime, we welcome anybody to come and join us for the day and warm up with a lovely home cooked meal, good company and perhaps even a dip in our new spa bath! Professional care staff are on hand to provide any required assistance needed. Please call or email us for an informal chat about how we can assist you or your loved one whilst living at home.

Permanent stays

Redmount has an assortment of bedroom collections in progress some of which are now coming to end. We are very proud to soon be able to offer rooms from our Homestay, Signature and Premier range all of which can be personalised to individual taste and preferences.

All rooms in our Premier Collection and some Signature rooms are beautifully adept to accommodate couples, each with its own set of features from spectacular views, separate living/bedroom spaces, private garden space, independent access, en suite, free Wi Fi, Tea and Coffee making facilities, free parking, 24 hr visitor access and 24 hour care calling facilities.

At Redmount we understand how daunting a move into a care home can be, to assist your transition all guests are warmly welcomed into their new home by a member of the management team and a tasty welcome basket of local produce and goodies will be waiting for you in your new room! We will stay with you, talk to you about you and your preferences and answer any questions you may have in order to make you feel safe and secure in your new environment.

To enquire about current vacancies or to book a room in advance of its completion please feel free to drop in anytime for a look around or call/email us to make an informal enquiry.

These opportunities are of course extended to our existing residents who may like an upgrade on their current room. To enquire, please speak to any member of the management team who will be more than happy to help you.

Welcome home...



Pictured above; an example of Redmounts welcome basket that all new residents and guests can expect upon arrival.

Hot topic of the month

This month we are focussing on developing our Dignity workshops and raising awareness of the importance of respecting and supporting people's dignity.

Jackie Stone – Care Supervisor [Pictured below] is proud to be leading the example at Redmount within her new role as Dignity Champion.



Jackie says; I have worked in the Care Industry for many years now and am excited to be part of this Dignity drive here at Redmount. I feel passionately that everyone must be afforded the utmost of Respect and Dignity throughout all stages of their lives and feel proud to be able to mentor and guide others in this important aspect of person centred care.



Community Reach

We are always looking for volunteers to help us out in our day to day schedule of events, seasonal activities and general Lifestyle management. If this is something you feel may be of interest to you please drop in at any time for a coffee and informal chat with Fay or Lynn. Alternatively, we are holding the first of our 'Fundraising and Good Care' awareness committee meetings on Thursday 14th May at 1700 if anybody is interested in joining us it would be great to meet you all and keep in touch.

